

Young Doctors' Movements news – December 2020



WONCA's Young Doctors' representative on World Executive, [Ana Nunes Barata \(Portugal\)](#), is coordinating regular news from our seven region Young Doctors' Movements.

*A word from Ana Nunes Barata -
YDM representative on WONCA Executive 2018-2020*

The Young Doctors' Movements (YDMs) are WONCA's active network that engages youth and promotes intercultural knowledge exchange that helps to create new ideas, projects and initiatives that contribute for the development of Primary Care at the global level. WONCA's young doctors are defined as in their first five years' of practice as a family doctor OR in training as a family doctor. Each WONCA region has its own YDM that strives to develop its network and engage with the young doctors from every country it represents. You may find more information about the YDMs [here](#)



[Join your region's Young Doctors' Movement](#)

Region News



Movimiento Waynakay Iberamericana CIMF region

This year was unusual. The consecutive events associated with the COVID 19 pandemic contingency have devastated our region in the same way as the rest of the world.

Even so, young family doctors in Latin America continue to advance despite the difficulties and exhaustion caused by the heavy workload. Thus, today we can share with you that 2020 was a year of union between colleagues and friends beyond distances. We have managed to work on recommendations and publications on care in times of COVID. We have had great participation of young doctors in regional virtual events of family medicine. We are currently about to launch, through our social networks, a series of interviews about the experiences of family doctors from many countries in the region. We will also happily participate in the YDM global webinar series.

We hope that 2021 will find us present at our Ibero-American regional congress in Brazil. See you soon!

Gabriela Di Croce



Vasco da Gama Movement Europe region



Wonca
Young Doctors'
Movements



Vasco da Gama Movement

The Vasco da Gama Movement is a community that learns from and supports each other. We are willing to adapt to new situations, to always improve our work as an organisation and as family doctors. During the COVID Pandemic we have continued to do just that!

2020 VdGM Exchange Award Winners:

Hippocrates Prize:

Radhika Khanna, UK shadowing Raluca Zoitanu, Romania.

Carosino Prize:

Emilie Couchman, UK, shadowing Herman Van Enter, The Netherlands.

We look forward to hearing about their experiences at an event in the near future!

Executive Group Elections

A successful election was held online last September with the participation of most of our Council Members with support from Independent Observers, and the Good Governance Committee, as well as the Outgoing Executive.

A big thank you to:

Vera Pires da Silva, Nina Monteiro, Kristina Ziuteliene, Elena Klusova, Berk Geroğlu and Claire Marie Thomas, our Outgoing Executive Officers

Joining Katarzyna Nessler (President), Julien Artigny (Policy Officer), Sonia Tsukagoshi (VdGM Liaison to WONCA Europe) and Nick Mamo (now President-elect) will be:

Kerry Greenan (Secretary),

Nadia Toumi (Treasurer),

Marta Kurdzielewicz (Awards and fundraising Officer),

Alessio Platania (Event Officer), Rocío García-Gutiérrez Gómez (Exchange Officer)

Christian Rechtenwald (Image Officer).

We are certain that our new team will continue and strengthen the great work of their predecessors!

Looking to the future

VdGM continues innovating and adapting to the challenges of the pandemic. In October, our Wellbeing SIG successfully ran an online Yoga session for the CardioPrevent 2020 Virtual Congress, organised by the Portuguese Foundation of Cardiology.

Nick Mamo (President-elect)

The Spice Route Movement South Asia region



The Spice Route Council Meetings

The Country leads of the Spice Route Council regularly meets virtually via Skype every first Sunday of the month to discuss and plan the future activities.

Appointment of Treasurer in the Spice Route Regional Council

Dr Anik Biswas from Bangladesh was appointed as the Treasurer for the Spice Route Regional Council.



Dr. Anik Biswas



Dr. Wangdi Norbu



Dr. Sonam Choki

New office bearers appointed for the Spice Route Bhutan

The Spice Route Bhutan appointed their new office bearers in August. Kinley Bhuti continues to be the Chair, however Dr. Sonam Choki and Dr. Wangdi Norbu have been appointed as National Secretary and FM360 National Coordinator respectively.

Commemoration of Important Days

The Spice Route initiated a fresh project of identifying some important days and celebrating them as regional activities from last June. Such commemorations are in the form of either circulating social media messages or videos benefiting the general public or conducting virtual sessions for family doctors. Zoom sessions and WONCA Webinar were conducted on days like International Youth Day on 12th August, World Mental Health Day on 10th October, World Diabetes Day on 14th November and World AIDS Day on 6th December, hosted by India, Nepal, Pakistan and Sri Lanka respectively.

Regular CPD Activities

A virtual platform of regular CPD activities for young doctors of their respective countries have been organized by Sri Lanka, India and Pakistan by the name of GPs' Café , Spice Route Classroom and The Lounge, respectively.

Zainab. M. Anjarwala,
Secretary - The Spice Route

Al Razi Movement East Mediterranean region



Dr Marwa Mohasseb had completed her term of service for the past two years as the chair of the Al Razi YDM (from Nov 2018 to Nov 2020) and Dr Anas Almohtaseb, the chair elect, has started as the new chair of the group for the next term.

Dr Anas (pictured) is a family medicine specialist (Jordanian Board in Family Medicine – 2014) and health economist (MSc Health Economics - University of York – 2017), working at the Ministry of Health and the High Health Council in Jordan. He was the liaison officer of Jordan, in the Al Razi YDM for the past two years and the supervisor of the Al Razi online Journal Club. He actively participated in all movement activities including preparing and attending Al Razi workshops in the regional Wonca East Mediterranean Region (EMR) conference, in Lebanon in March, 2019.



New members have joined the Al Razi YDM Council over the last year as representative for their member organization countries, namely:

- Dr Beesan Maraqa from Palestine,
- Dr Ahmad Fakhreddine from Kuwait,
- Dr Mohammed Al Ghafri from Oman,
- Dr Dana Al-Daghliise from Jordan.

Meanwhile, Dr Nagwa Nashat, the founder and the first chair of the Al Razi group, has been nominated and selected by WONCA EMR as the WONCA EMR Five-Star doctor for 2019 and 2020.

Al Razi YDM group thanks its previous leaders and members for their great efforts in establishing and leading the group over the past years, hoping success for the new team in the next term.

The Rajakumar Movement

Asia Pacific region



Dear Colleagues

Allow me to announce the new elected executive members of The Rajakumar Movement (Young Doctors' Movement in Asia Pacific Region). They will commence office at the next WONCA World council meeting.

The Rajakumar Movement election was held on 3rd October 2020 with 56% voter turn out.

The Rajakumar Movement Election Committee announces that the following were elected to Executive Committee positions:

- Chair-elect - Dr Ping Foo Wong (Academy of Family Physicians of Malaysia; The Malaysian Family Medicine Specialists' Association)
- Vice Chair (Asia) -elect- Dr Zhaohui Du (General Medical Branch of Chinese Medical Association)
- Vice Chair (Oceania/Pacific) -elect - Dr Phoebe Holdenson Kimura (Royal Australian College of General Practitioners)
- Secretary-elect - Dr Mel Anthony Acuavera (Philippine Academy of Family Physicians)
- Treasurer-elect - Dr Pingsun Chang (Chinese Taipei Association of Family Medicine)
- Image Lead-elect - Dr Basmon Manomaipiboon (The General Practitioners/Family Physicians Association of Thailand)
- FM 360-elect - Dr Suthiwat Khumngoen (The General Practitioners/Family Physicians Association of Thailand)
- ASPIRE-elect - Dr Wee Sian Woon (Royal Australian College of General Practitioners)

On behalf of The Rajakumar Movement Election Committee,

Erfen G. Suwangto, chair Rajakumar Movement